

CONSCIOUS COUPLING

EQ + BQ WEEKLONG RETREAT

COSTA RICA | MARCH 7-12, 2027

Guanacosta Coast // Sugar Beach + Tamarindo Area

LEVEL UP WITH LEVEL 2

For Couples & Business Partners (current coupledom not required)
For "Next Iteration" Depth + Skills Integration

PARTNERS WILL ALWAYS BE OUR BEST TRIGGERS AND BEST TEACHERS.
Because we magnetically attract a perfect mirror.

This retreat is for participants who have ALREADY completed EQ+BQ basic training and are looking to deepen their practice, enrich their human connections, and find their inner zone of genius. Now that you have already pulled yourself out of "autopilot" modes for "doing human relationship in a reactionary way", this retreat focuses on getting out of emergency mode and into CREATION mode. This lets us use quantum experience to find our deeper desires + truths.

The Graceline Institute is a Spiritual Sciences and Interactive Art Institute Specializing in Emotional Intelligence, Consciousness, Self-Sovereignty and Service to Ecology.

 GRACELINE

(774) 333-3669
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HIGHER HARMONY BEGETS STRONGER GEOMETRY. STRONGER GEOMETRY BEGETS HIGHER HARMONY.

THIS TARGETED CURRICULUM ADDS:

- **MORE HEALING CEREMONIES:** with advanced breathwork, pattern-tracking, PEALS, shamanic clearings and intuition training.
- **NEW TOOLKITS FOR BQ AWARENESS:** body activations, inner-glowing systems, sex as a “source-filled” spiritual practice (with more support on energetics, breathwork and energy-work “how-to’s” for solo or shared practice)-- all adding to higher immunity and electricity.
- **A STRUCTURAL BREATHWORK CLINIC** to deepen endorphin release, nervous system regulation, creativity, life’s work, and radical communion through the art and act of EQUAL UNION in romantic or business partnerships. *Note: Worth+Equality is an INSIDE JOB.
- **AN INTERACTIVE ART CLINIC** for making your own divination tools for daily practice (no art skills required). This lets you take home a personalized system for staying in the lifestyle of UNION AND COMMUNION with what you’ve chosen.
- **A “CREATION MAP” FOR THE NEXT YEAR OF YOUR LIFE** with tools for “calling in” a chosen mission, project, goal, frequency, or feeling.

In addition to a more RESTORATIVE and FULFILLING way to receive pillars from our Module 1 and Module 2 content, this is an adventurer’s retreat offering amplified and curated COUPLES + PARTNERS curriculum. Learn to let go of Family or Origin Dynamics and unlock higher happiness when you lean more deeply into the “EQ Arts and Sciences” that arise organically from both romantic relationship and creative business partnership.





We HIGHLY RECOMMEND coming a few days early or staying a few days longer to truly enjoy the surrounding area and to “rest up” for such transformative work and joyful community gatherings. But keep in mind that once our schedule actually starts, it is busy (but joyful!)

RETREAT + TRAVEL SCHEDULE

SUNDAY - FRIDAY, MARCH 7-12, 2027

*Detailed schedule available. Contact us at workshops@gracelineinstitute.org

*Please arrive in country 3/7 (or earlier) & schedule your flight home AFTER 1pm Friday 3/12.

*Please be sure to fly into LIBERIA, COSTA RICA (for a 1-hour shuttle to retreat center).

DAY 1		ARRIVAL		Beach	4pm-7pm	Welcome
DAY 2	9am-12pm	EQ Training	12pm-4pm	Beach	4pm-8pm	Class + Practicum
DAY 3	9am-12pm	EQ Training	12pm-4pm	Beach	4pm-8pm	Class + Practicum
DAY 4	9am-12pm	EQ Training	12pm-4pm	Pilgrimage	4pm	Free Evening
DAY 5	9am-12pm	EQ Training	12pm-4pm	Beach	4pm-8pm	Class + Practicum
DAY 6	6am-10am	Sunrise Closing	10am	DEPARTURE		





YOUR RETREAT FACILITY



Mickaela Grace - Founder, Healer, Artist

Mickaela is the founder of the Graceline Institute, an Emotional Intelligence (EQ) and spiritual sciences school devoted to human transformation and environmental Artivism (Art Activism).

With 25+ years of experience in natural medicine, meditation, and consciousness coaching, Mickaela helps people end their own suffering, cycles of conflict, limbic responses, and roadblocks to their zone of genius. Her original EQ-centric curriculum employs “Flower-of-Life” ancient wisdom fused into “Cymatics-into-Somatics” Fractal Films, Temple Technologies, and Sound Healing modalities that rid the body of negative patterning.

Mickaela gnostically believes that we are meant to bow to no outward authority figure, healer, leader, parent, pill, nor politician, but should instead find mastery over self, making each individual an artful and healthier cell in the wider organism of humanity.



Mickaela’s training completely transformed my life. I released decades-old childhood trauma and shattered emotional barriers that kept me from giving or receiving love. In just one seminar, my heart opened fully, transforming my love life and how I experience connection. Out of every program I’ve tried, this was the most profound. If you’re ready to heal deep-seated wounds and unlock your heart’s capacity to love, then RUN to this work. This is where freedom begins.

-JAKE



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INCLUSIONS

- **Curriculum** + Partnered Pilgrimage Outings
- **Accommodation** (rates differ based on private or shared room).
- **Food** Farm-to-Table Food (3 meals a day included at Reunion Wellness Resort. Organic cuisine with light protein). There is no alcohol available at this facility. And we request no alcohol consumption close to breathwork sessions.
- **Airport Transfer** to/from LIBERIA AIRPORT ONLY (and within group window 3/6 & 3/11)
- **Property Amenities:** Beachfront daybeds, firepits, infinity pools, cold plunge, fitness center, nature adventures, proximal surfing, paddleboarding, and more.

NOT INCLUDED, BUT AVAILABLE

- REUNION Wellness Resort also offers massages, IVs, HRV testing+regulation and other add-on spa and medical treatments that you can choose to enjoy during your daily 4-hour “beach breaks”.



RATES + REGISTRATION

Shared Room: \$3,400/person | Private Room: \$4,400/person

Room and food included. NOT airfare.

Full refunds available up to 30 days before event.

Non-refundable 30 days prior to event (credits offered for medical emergencies).

REGISTER
HERE



Ask our team about sea turtle habitat and how to be a part of other natural preserve support while we are in-country.

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