Enter the doorway willingly, between the death and rebirth of ego and identity—in order to truly GNOW thyself more fully, in union and communion with ALL.THAT.IS.



MODULE 3: (TQ) Truth Intelligence Quotient

REBIRTHING

A 5-Day Emotional Intelligence + Meditation Retreat
Includes Equinox Camino on Antelope Island

PARK CITY, UTAH | OCTOBER 7-11, 2027

TOT30 TRUTH PROJECT: AN UMBILICUS TO NEW NARRATIVE

Truth is not finite, concrete, destination-based, nor static—it is alive and holographic. Learn how to devote yourself to truth-seeking itself rather than the act of strong stance, dualistic opposition, enemization, fixed thinking, or concrete "certainty".

When Mickaela designed this experiential module for corporate coaching, she thought the big hurdle would be teaching CEOs to take responsibility and "tell the truth" more often or to communicate with more inspiration and kindness—but what was astonishing to realize (and write new curriculum around), is the fact that 80% of their truth journey was about teaching them to **RECEIVE the truth**. The bigger dilemma was training them to see "all feedback as feedforward" and to become impervious to the opinions of others as a radical way to up-level their personality, inner worth, and outward functionality.

Additionally, she had to teach them to embrace the Gnostic and Taoist principles of flexibility over certainty, and change over rigidity—because nature, water, and the Tao teaches us this:

THAT WHICH IS BRITTLE, BREAKS; THAT WHICH IS FLUID, BENDS, EVOLVES– AND THEREBY, T H R I V E S.

GRACELINE

(774) 333-3669
INFO@GRACELINEINSTITUTE.ORG
GRACELINEINSTITUTE.ORG/RETREATS



This module will prepare you for:

your life-changing **GOT30 (Graceline Of Truth) 30-Day Challenge,** where you must tell the truth for 30 days and if you lie, you start the 30 days over until reaching harmonic completion. You are assigned an AP (Accountability Partner) using a Shamanic style of priming for sychronocity to ensure a R/Evolutionary experience. As preparation, we also do a partnered **30-day "No Complaino Camino" Challenge** where you use daily BQ skills to evaluate how you use "The Word" for or against yourself and others. We aim to not speak ill of anyone for 30 days as a way of investigating negativity and the front-loading of experience (and quantum reality) using faulty or flawed "languaging".

AN EXTENSION OF YOUR EQ + BQ FUNDAMENTALS

This Camino is bound by confidentiality. You will be assigned an Accountability Partner (AP) from a different town/culture/walk of life to complete your coursework with and you will report to your AP daily to be on a deep and enriching journey with one another.

This retreat includes:

- Learning more advanced applications of your EQ and BQ skills to prepare you for your rigorous GOT30 TQ-partner journey. And 2 months of pre/post retreat work for integration.
- Specialized ceremonial practices to rid the body of inauthenticity, secrets, lies, image-crafting, group-mind, stuck stories and generational memory. This includes clearing protective coping mechanisms adopted at moments of trauma.
- A profoundly powerful rebirthing ceremony on sacred indigenous land that includes the death of the old and the embodiment of the (chosen) new, including a healing technique to restore the "umbilical intuition" to a helpful sea of ancient wisdom.

"FOR A NEW TRUTH TO LIVE, ANOTHER MUST DIE."
– MICKAELA GRACE

GRACELINE

(774) 333-3669
INFO@GRACELINEINSTITUTE.ORG
GRACELINEINSTITUTE.ORG/RETREATS



This Module is not for the faint of heart. It is a R/EVOLUTIONARY PROCESS to take stock of one's life, identity, and personality in order to align the outside world (and choices) to one's internal chosen frequency, zone of genius, and free agency. This means taking FULL RESPONSIBILITY for the power of THE WORD.

So even though our in-person retreat is only a 5-day event, this Module comes with more rigorous pre- and post-retreat training. Again, you will have a 4-week prep assignment that involves **NO COMPLAINING, NO EXPLAINING, and NO GOSSIPING** before the retreat, and you will have multiple months of partnered work and the GOT30 Challenge for TRUTH TELLING after the retreat, including community events for integration.

The goal here is that we begin to link all outward manifestation to our inner USE OF LANGUAGE. This is vital to us materializing the CHOSEN life of empowerment, creation and connection that we deeply desire for ourselves. On our own terms and timing, codified by our EQ, BQ, and TQ approach to "languaging" (an active verb related to truth seeking).

What will this competency bring you once it is mastered? A NEW YOU!

TQ: TRUTH QUOTIENT

Rebirthing:

Together, we are devoting 3 entire months to a death and rebirth of ego and identity—so that you can begin gnowing your inner "why" for all things. The Advanced "GOT30" Challenge (Graceline of Truth 30 Day Challenge) inspires you to tell the truth for 30 days and start the clock over if you lie. You're assigned a stranger as an Accountability Partner (AP) to go on a shared pilgrimage that will shake up life. Even more important than learning to tell the truth with consistency and kindness is learning to receive the truth with curiosity and awareness—mastering the art of seeing all "feedback" as "feedforward."

Find out your lying styles and motivations to heal old wounds and resolve unmet needs—taking all aspects of your life to a higher level of union and artistry.



YOUR RETREAT FACULTY



Mickaela Grace | Founder, Artivist

Mickaela is the founder of the Graceline Institute, an Emotional Intelligence (EQ) and spiritual sciences school devoted to human transformation and environmental Artivism (Art Activism).

With 25+ years of experience in natural medicine, meditation, and consciousness coaching, Mickaela specializes in upleveling the world's thought leaders and high performers. Her original EQ-centric curriculum employs "Flower-of-Life" ancient wisdom fused into "Cymatics-into-Somatics" Fractal Films, Temple Technologies, and Sound Healing modalities that rid the body of negative patterning. Mickaela gnostically believes that we are meant to bow to no outward authority figure, healer, leader, parent, pill, nor politician, but should instead find mastery over self, making each individual an artful and healthier cell in the wider organism of humanity.



DATES & REGISTRATION

Oct 7	12pm-8pm
Oct 8	8am-8pm
Oct 9	8am-8pm
Oct 10	8am-8pm
Oct 11	8am-4pm

$3,333/person

5-day retreat + 2 months of pre- and post-content for integration and tools management

Full refunds available up to 30 days before event.
Non-refundable after 30 days (but credits offered for medical emergencies).

REGISTER

GRACELINE

(774) 333-3669
INFO@GRACELINEINSTITUTE.ORG
GRACELINEINSTITUTE.ORG/RETREATS